



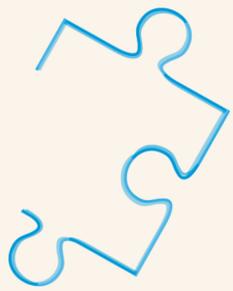
# MINDFUL

FLORA  
AND ASSOCIATES

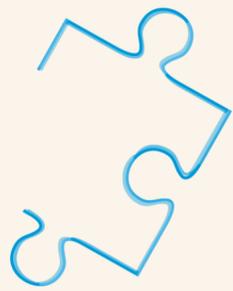


# AFFIRMATIONS

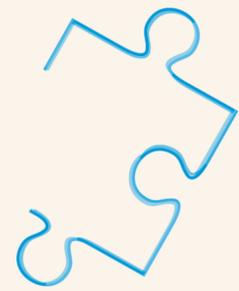
POSITIVE THOUGHTS TO START YOUR DAY



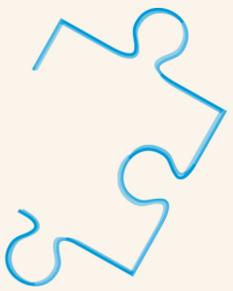
I AM BRAVE



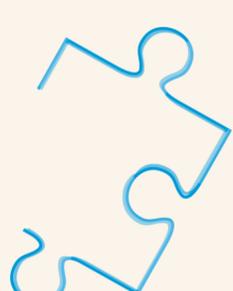
I AM KIND



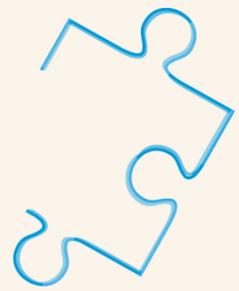
I AM CREATIVE



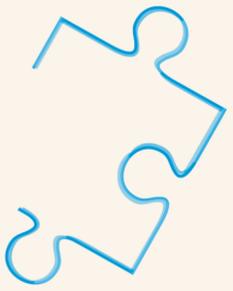
I AM SMART



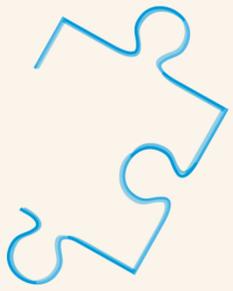
I AM STRONG



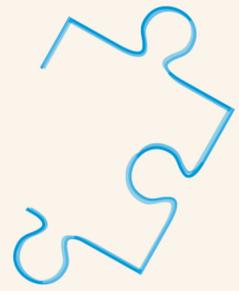
I AM GRATEFUL



I AM PROUD



I AM LOVED



I LOVE MYSELF!